

Driver Certificate of Professional Competence

MODULE THREE

ECO DRIVING LGV/PCV

- Why is driving in a fuel efficient way important.
- The fundamentals of safe and economic driving.
- Aerodynamics.
- If it's safe to do so adjust aerodynamics.
- Bridge strikes.
- Braking.
- Clutch control.
- Cruise control.
- Exhausters and retarders.
- Idle time.
- Forward planning.
- Gear selection.
- Height of load.
- Load position.
- Momentum.
- Overfilling the fuel tank.
- Route planning.
- Motorways.
- Skip/block changing.
- Speeding
- Tyres
- Vehicle technology.
- Weather conditions.
- Driver's attitude.